

## PLEASE READ AND SIGN

I have no knowledge of any physical impairment of the registered camper(s) that would affect him/her from participating in the Marymount Women's Soccer Camp. Upon signing below, I agree to release the camp, the camp director, the camp staff and Marymount University from liability.

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Signature

Please return this completed application with payment to Marymount University to:

**Gayle Smith Wilson**  
**Head Coach, Women's Soccer**  
**2807 N. Glebe Road**  
**Arlington, VA 22207**  
**703-284-5753**



## Camp Mission Statement

Our goal is to create an environment that is FUN and challenging. Players are encouraged to aim high and get outside their comfort zone. Athletes who are allowed be creative, dynamic and self-express are players who will continue to grow and develop. We expect our campers to leave camp with refined technique, new skills and a renewed passion for soccer.

### ABOUT THE CAMP DIRECTOR:

Camp Director Gayle Smith Wilson has just completed her fourth season with the Marymount Women Saints. She is a former Women's National Team member and was a college stand out at the University of Virginia.

Gayle holds a USSF A license and national certifications in group exercise and personal training. She is CPR and First Aid certified.

**MARYMOUNT**  
**UNIVERSITY**  
**2010**

## GIRLS SOCCER CAMP

**July 5<sup>th</sup>-9<sup>th</sup>, 2010**  
**July 12-16<sup>th</sup>, 2010**

Soccer FUN and instruction for  
GIRLS ages 6-8, 9-11 and 12-15.

Groups will be organized  
appropriately by age and skill  
level

Marymount University  
Arlington, Virginia

2807 N. Glebe Road  
703-284-5753

**MARYMOUNT GIRLS SOCCER CAMP  
2010**

**Marymount University** offers cafeteria lunch to campers, use of indoor facilities and a swimming pool for recreational activity.

**SPECIAL Half-day sessions:** 9 a.m.-1 p.m., available for ages 6-8 at a rate of \$160 per child per week.

**Daily soccer videos and Q & A:** Our campers will have the opportunity to see footage of women soccer players and athletes from around the world. Our campers will be able to speak with former and current college level players.

**Convenience for parents/guardians:** Full day sessions are 9 a.m. - 4 p.m.; half-day sessions are from 9 a.m.-1 p.m. AND extended supervision hours of 8 a.m.-5 p.m. are available for a minimal extra charge of \$35 for the week.

**Low Cost:** For \$250 per camper, each participant will benefit from full days of soccer instruction plus a written evaluation. Registration fee includes an exclusive camp T-shirt.

**Marymount University  
Lee Athletic Center  
2807 N. Glebe Road  
Arlington, VA 22207  
703-284-5753**

<http://www.marymount.edu/ssa/athletic/wsoc.html>

**DAILY CAMP SCHEDULE**

9:00 a.m.	Meet and greet on field
9:15-9:45	First Touch Skill Work
9:45-10:45	Technique Stations
10:45-10:55	Snack and Organize for Games
10:55-12:30	Small-sided games/Video session
12:30-1:45	Optional Swim (*til 1:00)/Lunch
<b>1:00</b>	<b>Dismissal for Half-Day Program from front of Lee Center</b>
1:45-2:00	Re-group on field for afternoon session
2-2:25	Daily Staff Demonstration
2:30-3:15	Tricks, Flicks and Pick-ups
3:15-3:50	Shooting and Finishing Games
4:00	Dismissal

**SNACK:** Please send your child with a light snack each day. Fruit, peanut butter crackers or sports bars are some ideas.

**LUNCH:** Campers may bring their own lunch daily or may purchase lunch in the cafeteria for \$6.25.

**EQUIPMENT:** Camper should bring outdoor and indoor shoes, shin guards, water bottle, and a soccer ball. Swimsuit and towel required for optional swimming.

**APPLICATION**

Name \_\_\_\_\_

Age(s) \_\_\_\_\_

Parent \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Parents Work Phone \_\_\_\_\_

Emergency Phone \_\_\_\_\_

Email \_\_\_\_\_

Rising Grade \_\_\_\_\_ T-Shirt YM YL S M L

Playing Experience \_\_\_\_\_

Camp Week             July 5-9  
                                  July 12-16

I would like to enroll my child(ren) in ½ day program. Ages 6-8 only.

Enclosed is a check or money order to cover the non-refundable deposit fee of \$75 per child. I understand that the balance of \$175 is due the first day of camp.

Enclosed is a check or money order to cover full registration of \$250 per child.

I would like my child(ren) to attend the camps' extended hours for an additional \$35 per child

